



# Unlock personalized weight loss support with Lark

Lark's Weight Management Program is designed to help you lose weight and keep it off at no extra cost to you. If you qualify, the program includes a smart scale that syncs to the app to provide a personalized experience. Anthem has teamed up with Lark to bring this tailored program to members who are looking for weight loss medication coverage and must be enrolled in a lifestyle management program.\*



No matter where you are in your weight loss journey, Lark has a program for you:

## Healthy Weight

Supports your weight loss goals through personalized coaching. This program is needed for initial prior-authorization for weight loss medications.

## GLP-1 Companion

Learn more about your weight loss medication, monitor side effects, and get helpful resources so you can feel your best. This program is needed for subsequent authorizations.

## Weight Maintenance

Work with your coach to maintain your weight loss through a plan that you feel confident about.

## See if you qualify for the Lark program today.



24/7 personalized digital coaching from your smartphone or tablet.\*\*



Includes a connected smart scale.



Integrates with tools like Fitbit®, Apple Health, Google Fit.



Available as part of your health benefit at no extra cost.



or visit

[Lark.com/AnthemWMP](https://Lark.com/AnthemWMP)

\*Prior Authorization requirements for weight loss medications varies by plan. You may be required to participate in our preferred lifestyle management program for a set amount of time to receive prior authorization for weight loss medications. You will also be required to participate in our preferred lifestyle management program during your utilization period to qualify for re-authorization of weight loss medications. To understand the specific requirements related to your plan, please view your drug list which is available at [www.anthem.com/pharmacy-information](http://www.anthem.com/pharmacy-information).

\*\*Ten live coaching sessions are available once a member enrolls via smartphone or tablet. If you do not have access to a smartphone or tablet, speak to your doctor about participation in an alternative lifestyle management program.

Weight Management Program is provided by Lark, an independent company. Lark and the Lark logo are trademarks of Lark Technologies, Inc. All other trademarks are the property of their respective owners. All rights reserved.

Available to participating health plan members. Additional eligibility requirements may apply for some programs and benefits.

In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out of network benefits in POS policies offered by CompCare Health Services Insurance Corporation (CompCare) or Wisconsin Collaborative Insurance Corporation (WCIC). CompCare underwrites or administers HMO or POS policies; WCIC underwrites or administers Well Priority HMO or POS policies.